

## BASSAI DAI ENGI BUNKAI NI (50 Kyodo)

### ESECUZIONE DEL KATA

### TECNICHE DA APPLICARE

	Yoi - Kamae		
1	dx Moroteuke		
2	sx Uchiuke		
3	dx Uchiuke		
4	sx Sotouke		
5	dx Uchiuke		
		6	dx Gedanuchiude Harai
		7	dx Kamae
		8	dx Sotouke
		9	sx Uchiuke - dx Kizamizuki
		10	sx Gyakuzuki (Kiai)
11	dx Ryoken Koshi Kamae		
12	sx Tateshoutouke		
13	dx Chokuzuki		
14	dx Uchiuke		
15	sx Chokuzuki		
16	sx Uchiuke		
17	dx Shutouke		
18	sx Shutouke		
19	dx Shutouke		
		20	sx Shutouke
		21	sx Nukite - dx Tsukami
		22	Ryote Tsukami - dx Gedan Fumikomi (Kiai)
23	sx Shutouke		
24	dx Shutouke		
25	Morote Jodan Yamauke		
26	Ryoken Kentsui-uchi		
27	dx Chokuzuki		
28	dx Gedan Kaishouchi - sx Sho Nagashiuke sx/dx Gedan/Jodan Morote Kamae		
29	dx Gedanbarai		
30	sx Haishu-uke		
31	dx Mikazukigeri - dx Mae Hijiate		
32	dx Gedanzuki		
33	sx Gedanzuki - dx Gedanzuki		
34	sx Ryoken Koshi Kamae		
35	sx Yamazuki		
36	dx Ryoken Koshi Kamae		
37	dx Yamazuki		
		38	sx Ryoken Koshi Kamae - dx Shizentai
		39	sx Yamazuki
		40	Ryoken Gedan Morote Kamae
		41	dx Kawashi Gedankake Harai sx Daki Tsukami
		42	dx Hikitaoshi
		43	sx Gedanzuki (Kiai)
44	dx Gedankakeuke		
45	sx Gedankakeuke		
46	dx Shutouke		
47	dx Shutouke		
		48	sx Shutouke
		49	dx Gyakuzuki (Kiai)
50	Yame Rei Naotte		

dx = destra

sx = sinistra